



#### School Information:

All meals subject to change without notice.

**Nutrition Tip:** Encourage children to eat vegetables and fruits by making it fun. Provide healthy ingredients and let kids help with preparation, based on their age and skills. Kids may try foods they avoided in the past if they helped make them. Items to try --- smoothie creations, personalized pizzas, homemade trail mix, caterpillar kabobs!



### Monday

This institution is an equal opportunity provider.



### Tuesday

### Wednesday

### Thursday

### Friday

Hot Ham & Cheese Sandwich  
Seasoned Green Beans  
Petite Carrots  
Applesauce  
Milk Choice

4

Chicken Fried Steak  
Mashed Potatoes & Gravy  
Sweet Niblet Corn  
Diced Peaches  
Milk Choice

5

Hamburger & Bun  
Baked Beans  
French Fries  
Apple Wedges  
Milk Choice

6

Pizza Pasta Bake  
Garlic Bread Sticks  
Fresh Romaine Salad  
Grape Tomatoes  
Diced Pears  
Milk Choice

7

Mini Maple Waffles  
Tator Tots  
Gogurt  
Cheese Stick  
Fresh Banana  
Milk Choice

8

Soft Taco  
WG Tortilla Chips & Salsa  
Sweet Niblet Corn  
Fruit Mix Up  
Milk Choice

11

Sloppy Joes  
Baked Beans  
Hashbrown Triangle  
Orange Wedges  
Milk Choice

12

WG Pretzel w/Cheese Sauce  
French Fries  
Petite Carrots  
Pineapple/Mandarin Oranges  
Rice Krispie Treat  
Milk Choice

13

Chicken Nuggets  
Mashed Potatoes & Gravy  
Seasoned Green Beans  
Apple Wedges  
Milk Choice

14

Cheese Pizza  
Gogurt  
Romaine Salad  
Grape Tomatoes  
Peaches & Pears  
Milk

15



**PRESIDENTS' DAY  
NO SCHOOL**

18



Breaded Chicken Sandwich  
Sour Cream/Chive Wedges  
Cucumber Slices w/Ranch  
Diced Peaches  
Milk Choice

19

Biscuits & Gravy  
Sausage Links  
Tator Tots  
Fresh Banana  
Milk Choice

20

Chili w/Saltine Crackers  
Sweet Niblet Corn  
Cinnamon Roll  
Fruit Mix Up  
Milk Choice

21

Mozzarella Sticks  
Marinara Dipping Sauce  
Romaine Salad  
Fresh Grapes  
Milk Choice

22

Chicken Quesadillas  
WG Tortilla Chips & Salsa  
Sweet Niblet Corn  
Pineapple Tidbits  
Milk Choice

25

Popcorn Chicken  
Mashed Potatoes & Gravy  
Seasoned Green Beans  
Diced Pears  
Milk Choice

26

Corn Dog  
Baked Beans  
French Fries  
Orange Smiles  
Milk Choice

27

Spaghetti & Meat Sauce  
Garlic Bread Stick  
Fresh Romaine Salad  
Applesauce  
Milk Choice

28

